Round Rock Virtual – June 2026

525 Round Rock West Dr., Suite A120, Round Rock, Texas 78681, 512-828-4624

Monday	Tuesday	Wednesday	Thursday
How to Join virtually: https://us06web.zoom.us/j/83209825745?pwd=kligGOHGeYNXSEYpYdUp4b5NEMnbmG.1 **Meeting ID: 832 0982 5745** **Passcode: 693307**			
Workshops Highlighted this Month include: **Creative movement with Art Spark, Meditation with Mary and Yoga with Heather**			
1	2	3	4
Administrative Work Day	10am – 12pm 11am Monthly Budget Workshop 12:30pm Conversational Spanish	10am - 12pm Advocacy Workshop Understanding Section 504 12:30 Everyday Fitness	10am Meditation w/ Mary 11am Get Real w/ Jocelyn 12:30 Yoga with Heather
8	9	10	11
Administrative Work Day	10am – 12pm Job Search Skills Workshop 12:30pm Everyday fitness	**ARCIL Closed** For LID CON Conference	**ARCIL Closed** For LID CON Conference
15	16	17	18
Administrative Work Day	10am – 12pm Weather Safety Workshop 12:30pm Conversational Spanish	**ARCIL Closed** For Staff Training	10am Meditation w/Mary 11am Get Real w/Jocelyn 12:30pm Yoga w/Heather
22	23	24	25
Administrative Work Day	10am – 12pm Nutrition & Wellness Workshop 12:30 Personal Hygiene	10am – 12pm Advocacy Workshop Know Your Rights 12:30 Everyday Fitness	10am Creative Movement With Silva 11 Grocery Challenge 12:30 Everyday Fitness
29	30		
Administrative Work Day	10am – 12pm Communication Skills Workshop 12:30pm Conversational Spanish	**Learning Skills for Life:** **Build Confidence, Independence, and Wellness**	

Conversational Spanish: Learn simple Spanish words and everyday phrases. **Yoga:** Simple poses and breathing to help students feel calm and comfortable. **Meditation:** Mindful breathing exercises. **Get Real**: Healthy relationships & personal choices. **Monthly budget workshop** – basic math and spending choices. **Job search skills** - learn important skills for finding employment. **Personal hygiene** - understand the importance of personal hygiene and healthy daily habits. Communication – personal space & boundaries, handling criticism. **Nutrition & Wellness**: learn healthy habits that support overall wellness and independence. **Weather Safety**: learn how to stay safe during different types of weather and emergencies. **Communication**: practice speaking, listening, expressing feelings and needs, asking questions, and having respectful conversations with others.