

ARCIL San Marcos - APRIL 2026 ARCIL

Monday	Tuesday	Wednesday	Thursday
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Highlights for this month include			
	D.A.R.E., 911 Assistance, San Marcos Police Dept., and Applying for an ID.	8:30 – 1:30 Outreach Eugene Clark Lockhart Library	10:00 - 11:00 Computer Class 12:30 - 1:30 Presentation By: Jessica Pena Caption Call
6	7	8	9
10:00 - 11:00 Fitness Gym Class 12:30 - 1:30 Fire Safety when cooking outdoors	10:00 - 11:00 Computer Class 12:30 - 1:30 Health Awareness	10:00 - 11:00 Fitness Gym Class 12:30 - 1:30 Basic First Aid	10:00 - 11:00 Computer Class 12:30 - 1:30 Zumba
13	14	15	16
10:00 - 11:00 Fitness Gym Class 12:30 - 1:30 Emergency and non-emergency	10:00 - 11:00 Computer Class 12:30 - 1:30 Reach as High as you can	8:30-1:30 Outreach Eugene Clark Lockhart Library	10:00 - 11:00 Computer Class 12:30 - 1:30- D.A.R.E Awareness Presentations By: San Marcos Police Dept
20	21	22	23
10:00 - 11:00 Fitness Gym Class 12:30 - 1:30 How to apply for a Texas I.D	10:00 - 11:00 Computer Class 12:30 - 1:30 Counting different money	9:00 – 11:00 Outreach San Marcos Housing Authority -Allen Word 12:30 - 1:30 Fitness Gym Class	10:00 - 11:00 Computer Class 12:30 - 1:30 Zumba
27	28	29	30
10:00 - 11:00 Fitness Gym Class 12:30 - 1:30 Medication Safety	10:00 - 11:00 Computer Class 12:30 - 1:30 Environmental Awareness	9:00 – 11:00 Outreach Sunrise Village 12:30 - 1:30 When to see a doctor	10:00 - 11:00 Computer Class 12:30 - 1:30 National Therapy Animal Day

Learning Skills for life: Build Confidence, Independent and Wellness!

Fitness gym: How to use equipment to stay active and healthy, improve strength, balance. **Computer classes:** Learning basic computer and job search skills. **Zumba:** To improve healthy heart. **Outreach:** Present and explain what services ARCIL has to offer for the community. **Presentation by Caption Call:** To help people with hearing loss with a phone to communicate better. **D.A.R.E Awareness:** Presentations by the San Marcos Police Dept. **Fire Safety:** Indoor and outdoor fire safety. **Health Awareness:** Learn about different Health disabilities, their cause and contributing factors. **Basic First Aid:** When and how to use the First Aid kit. **Medication safety:** How to follow the prescription properly. **When to see a doctor:** Know whether your health symptoms get worse. **Emergency and Non-emergency Assistance:** When to use 911 and other three – digit hotlines. **Reach as high as you can:** How to meet their goals and learn how to Protect and Advocate for their rights. **Apply for TX ID:** How, when and where to apply for a Identification Card. **Counting different money:** Know and Understand what the difference between coins and dollar bills. **Environmental Awareness:** Explain what is Earth Day. **Therapy Animal Day:** How to apply for a therapy guide animal.