



San Marcos March 2026



618 South Guadalupe, Suite 103, San Marcos, Tx 78666 / 512-396-5790

Monday	Tuesday	Wednesday	Thursday
2	3	4	5
10:00-11:00: Fitness Gym Class 12:30-1:30: Staying Healthy	10:00-11:00: Computer Class 12:30-1:30: National Developmental Disabilities Awareness	8:30-1:30: (Outreach) Eugene Clark Library Lockhart, Texas	10:00-11:00: Computer Class 12:30-1:30: Disability Rights: Bill of Right
9	10	11	12
10:00-11:00: (Outreach) Allen Woods Community Center 12:30-1:30: Fitness Gym Class	10:00-11:00: Computer Class 12:30-1:30 Basic Trade Tools: Nuts and Bolts	9:00-10:00: (Outreach) Sunrise Village Community 12:30-1:30: Transportation - Reading a Bus Schedule	10:00-11:00: Computer Class 12:30-1:30: Zumba Class
(Spring Break Week) 16	(Spring Break Week) 17	(Spring Break Week) 18	(Spring Break Week) 19
10:00-11:00: Fitness Gym Class 12:30-1:30: Choosing A Bank	10:00-11:00: Computer Class 12:30-1:30: Wants -vs- Needs	8:30-1:30: (Outreach) Eugene Clark Library Lockhart, Texas	10:00-11:00: Computer Class 12:30-1:30: Money Management
23	24	25	26
10:00-11:00: (Outreach) Legacy Square Community Center 12:30-1:30: Fitness Gym Class	10:00-11:00: Computer Class 12:30-1:30: Basic Trade Tools - In Carpentry	10:00-11:00: Fitness Gym Class 12:30-1:30: Managing your Time	10:00-11:00: Computer Class 12:30-1:30: Zumba Class
30	31		
10:00-11:00: Fitness Gym Class 12:30-1:30: Emergency Assistance	10:00-11:00: Computer Class 12:30-1:30: Basic Trade Tools - Locks and Keys		

Join us for classes to learn how to Advocacy for yourself, Communication, Community Services, Information and Referral, Money management, Peer support, Job seeking, Set goals. Learning Independent Living Skills and Life Skills: Build Confidence, Independent and Wellness!

Fitness gym: How to use equipment to stay active and healthy, improve strength, balance. **Zumba:** To improve your cardiovascular fitness, muscle tone, balance, flexibility and stress reduction. **Computer classes:** Google search skills/Basics Email/Basics-using the mouse/keyboard and screen/job search skills. **Money Management and choosing a bank:** How to plan and manage money for everyday needs. How to choose the right bank. And the different in want each bank has to offer. **Disabilities Awareness:** Learn about different disabilities, their cause and contributing factors. **Emergency Assistance:** Who and how to contact the police, fire dept, family members. **Disability Rights:** Learn how to Protect and Advocate for their rights. Who to contact. **Transportation:** How to read a bus schedule and set a time. **Basic Tools:** How to use simple tools around the house. **Outreach:** Present and explain what services ARCIL has to offer for the community.