

# Round Rock-February 2026

## Virtual Calendar

Monday	Tuesday	Wednesday	Thursday
<b>How to Join virtually:</b> <a href="https://us06web.zoom.us/j/83209825745?pwd=kligGOHGeYNXSEYpYdUp4b5NEMnbmG.1">https://us06web.zoom.us/j/83209825745?pwd=kligGOHGeYNXSEYpYdUp4b5NEMnbmG.1</a> Meeting ID: 832 0982 5745 Passcode: 693307			
2	3	4	5
<b>10am</b> Nutrition & Exercise <b>11am</b> Respectful Interactions <b>12:30</b> Yoga with Heather	<b>10am</b> Respectful Interactions <b>11am</b> Deaf Culture <b>12:30</b> Menu Math	<b>10am</b> Respectful Interactions <b>11am</b> Computer Class <b>12:30</b> Nutrition & Exercise Class	<b>10am</b> Creative Movement with Silva <b>11am</b> Get Real class with Jocelyn <b>12:30</b> Yoga with Heather
9	10	11	12
<b>10am</b> Nutrition & Exercise <b>11am</b> Respectful Interactions <b>12:30</b> Yoga with Heather	<b>10am</b> Respectful Interactions <b>11am</b> Deaf Etiquette <b>12:30</b> Budget Practice	<b>10am</b> Respectful Interactions <b>11am</b> Computer Class <b>12:30pm</b> Nutrition & Exercise Class	<b>10am</b> Meditation with Mary <b>11am</b> Life Skills – Making the Bed <b>12:30pm</b> Yoga with Heather
16	17	18	19
<b>Presidents' Day Holiday</b> <b>- Center Closed -</b>	<b>10am</b> Respectful Interactions <b>11am</b> Intro to Stellarium <b>12:30pm</b> Menu Math	<b>10am</b> Respectful Interactions <b>11am</b> Computer Class <b>12:30pm</b> Nutrition & Exercise Class	<b>10am</b> Creative Movement with Silva <b>11am</b> Get Real class with Jocelyn <b>12:30pm</b> Yoga with Heather
23	24	25	26
<b>10am</b> Nutrition & Exercise <b>11am</b> Cooking Education <b>12:30pm</b> Cooking Education continued	<b>10am – 1:30</b> Cooking Class	<b>10am</b> Respectful Interactions <b>11am</b> Computer Class <b>12:30pm</b> Nutrition & Exercise Class	<b>10am</b> Meditation with Mary <b>11am</b> Life Skills – Kitchen Clean Up <b>12:30pm</b> Yoga with Heather

Deaf Culture: Learning about Deaf culture and communication.

Deaf Etiquette: Learning how to interact respectfully with Deaf people.

Respectful Interactions: Learning how to be respectful in different situations. *Topics change each class.*

Menu Math: Learning to use menus and money to practice math. *Topics change each class.*

Budget Practice: Learning how to plan and manage money for everyday needs. *Topics change each class.*

Cooking Education: Learning about kitchen tools, and how to use them. *Topics change each class.*

Intro to Stellarium: Learning how to use Stellarium to explore stars and planets.

Life Skills – Learning how to make a bed neatly and independently and learning to use cleaning products safely.

Creative movement with Silva, Meditation with Mary, Get Real with Jocelyn and Yoga with Heather.