ARCIL San Marcos - November 2026

618 South Guadalupe, Suite 103, San Marcos, Texas 78666, 512-396-5790

Monday	Tuesday	Wednesday	Thursday
2	3	4	5
10:00am - 11:00am Emergency vs. Non-Emergency **12:30**pm - **1:30**pm Fitness Gym Workshop	**10:00am - 11:00** Computer Workshop **12:30pm - 1:30pm** Identifying your Strengths	**9:00am -1:30pm** Outreach Eugene Clark Lockhart Library	**10:00am - 11:00am** Computer Workshop **12:30pm - 1:30pm** Community Services
9	10	11	12
10:00am - 11:00am Community Skills **12:30pm - 1:30pm** Fitness Gym Workshop	**10:00am - 11:00** Computer Workshop **12:30pm-1:30pm** Thanksgiving Bingo & Applying for a holiday meal with SMFB	**ARCIL CLOSED** **Veteran's Day**	**10:00am - 11:00am** Computer Workshop **12:30pm - 1:30pm** Peer Support Workshop
16	17	18	19
10:00am - 11:00am Heathy Nutrition **12:30pm - 1:30pm** Fitness Gym Workshop	**10:00am - 11:00am** Computer Workshop **12:30pm - 1:30pm** Information and Resource for the upcoming Holidays	**9:00am -1:30pm** Outreach Eugene Clark Lockhart Library	**ARCIL's Day of Thanks Celebration** **11am-2pm**
23	24	25	26
10:00am - 11:00am Budgeting **12:30pm - 1:30pm** Fitness Gym Workshop	**10:00am - 11:00am** Computer Workshop **12:30pm - 1:30pm** No class – school closed	**ARCIL CLOSED for Thanksgiving**	**ARCIL CLOSED for Thanksgiving**
30			
10:00am - 11:00am Tips for Social Media **12:30**pm - **1:30**pm Fitness Gym Workshop	Workshops Highlighted this month include Peer Support, Thanksgiving Bingo, and applying for a holiday meal from the San Marcos Food Bank		

Learning Skills for Life: Build Confidence, Independence, and Wellness!

Fitness Workshop: Provides low impact workouts to improve mobility, strength and balance. **Computer Workshop:** Learning basic Microsoft Word and navigating the internet for job and search skills computer and job search skills. **Outreach and Presentation:** Present and explain what services ARCIL has to offer for the community. **Emergency and Non- emergency:** When to call 911 and other three-digit hotlines. **Identifying your Strengths:** Discover what you're good at. **Community Services:** Discover available community resources for the holidays. **Communication Skills**: Build confidence when communicating with others. **Thanksgiving Bingo:** Play Bingo and learn how to apply for a meal with the San Marcos Food Bank. **Peer Support around the Holidays:** Navigating the holidays when someone is no longer with us. **Heathy Nutrition:** Video on your eating habits. **Information and Resource:** Where to find shelter and Pantry. **Budgeting**: How to budget your finance during the holiday. **Social Media Tips:** Set age limits, know passwords, monitor use.