



# San Marcos January 2026



Monday	Tuesday	Wednesday	Thursday
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5	6	7	8
10:00-11:00 Fitness Gym Class 12:30-1:30 Avoiding Anger	10:00-11:00 Computer Class 12:30-1:30 Making wise decision	8:30-1:30 Outreach Eugene Clark Library Lockhart, Texas	10:00-11:00 Computer Class 12:30-1:30 Celebrations around the World
12	13	14	15
10:00-11:00 Outreach Legacy Square Senior Community 12:30-1:30 Personal Space	10:00-11:00 Computer Class 12:30-1:30 Measuring skills and following a recipe	10:00-11:00 Fitness Gym Class 12:30-1:30 Receiving a Jury Summons	10:00-11:00 Computer Class 12:30-1:30 Zumba Class
19	20	21	22
Martin Luther King Day  CENTER CLOSED	10:00-11:00 Computer Class 12:30-1:30 Cooking Class	8:30-1:30 Outreach Eugene Clark Library Lockhart, Texas	10:00-11:00 Computer Class 12:30-1:30 Body language
26	27	28	29
10:00-11:00 Outreach- Sunrise Village 12:30-1:30 Weather and health	10:00-11:00 Computer Class 12:30-1:30 Goals and Priorities	10:00-11:00 Fitness Gym Class 12:30-1:30 Save important Documents	10:00-11:00 Computer Class 12:30-1:30 Zumba Class

**Learning Skills for Life: Build Confidence, Independence, and Wellness!**

**Mondays & Wednesday 10:00-11:00**

Learn how to use Fitness gym equipment to stay active, improve strength and balance.

**Tuesdays & Thursday -10:00-11:00**

Computer skills classes to learn to navigate words, e-mail, job searching.

Monday – Outreach - Legacy Square 10:00-11:30 & Sunrise Village Community Center.

Wednesday –Outreach - Dr Eugene Clark Lockhart Library -Community presentations and resources.

Monday - Thursday 12:30-1:30 HCHS - 18 Plus students and consumers to attend.

Join us for classes in Advocacy, Community Services, Information and Resource, Independent Living Skills, Life Skills, Peer Support, Preventive, Recreational